

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Earn bonus points by using biodegradable trash bags.</p> <p>Share your 30 day sustainable living challenge on social as often as you want throughout Climate Action Month, tag @bmcsoftware #gogreenwithbmc</p>					<p>REUSABLE WATER BOTTLE: Instead of grabbing a plastic water bottle, use a reusable bottle. Only 9% of plastics are actually recycled, meaning our landfills are full of plastic.</p> <p>1</p>	<p>SHORTER SHOWERS: Taking a shorter shower reduces water consumption. We recognize that this may affect the amount of time you have to showcase your amazing shower vocals, but just sing to your mirror instead for the day!</p> <p>2</p>
<p>BUY LOCAL: Purchasing local whenever possible reduces the impact of carbon emissions needed to import items from around the world. For example, consider buying produce from your local farmers market.</p> <p>3</p>	<p>NO MORE STRAWS: Straws are a harmful single-use plastic that often has severe consequences on our ocean life. Replace a single-use straw with a metal or reusable one.</p> <p>4</p>	<p>EDUCATE YOURSELF ON HOW TO RECYCLE & THE CHALLENGES: Research your local Recycling standards to ensure you are recycling properly in your region. Did you know your old cellphone can be recycled?</p> <p>5</p>	<p>GET RECEIPTS EMAILED: Next time you shop, ask each store for an emailed copy of your receipt. Choosing emailed receipts when possible can reduce paper waste in the landfill and in your wallet, or wherever you stash them.</p> <p>6</p>	<p>USE REUSABLE BAGS: Use a reusable bag instead of a plastic one when possible. OR you could always see how many items you can carry in your hand? Either way, you are eliminating the need for a plastic bag, and that's a win for the environment!</p> <p>7</p>	<p>DONATE, RECYCLE & RESUSE CLOTHING: When you decide you no longer need an item of clothing, donate it! Giving it to donation centers instead of the Landfill allows it the chance to regain purpose.</p> <p>8</p>	<p>HANG CLOTHES TO DRY: Let your clothing air dry to avoid excess energy usage! Even energy-efficient dryers use more hydro than it takes to hang your clothes to dry.</p> <p>9</p>
<p>BUY IN BULK: Avoid individually packaged items and opt to buy in bulk! Many bulk stores welcome mason jars and reusable containers, and buying items in bulk often avoids plastic or non-recyclable packaging!</p> <p>10</p>	<p>Meat Free Day: Reduces greenhouse gas emissions that are needed to produce and transport meat, seafood and/or dairy.</p> <p>11</p>	<p>DON'T WASTE WATER: Water is vital for life and scarce in many countries, try not to Waste it! Turn off the tap when not in use.</p> <p>12</p>	<p>SWITCH FROM YOUR PLASTIC LAUNDRY DETERGENT BOTTLES TO DETERGENT SHEETS: A detergent in sheet form eliminates water, and plastic, completely. Plastic detergent bottles can rarely be recycled because of staining by the detergent inside them.</p> <p>13</p>	<p>SWITCH TO A BAMBOO TOOTHBRUSH: If William Shakespeare had used a plastic toothbrush it still would not be decomposed, switch to bamboo.</p> <p>14</p>	<p>RECYCLE 5 ITEMS: By Recycling, you are diverting Waste from the Landfill and giving it the chance to be made into a new item. Be a part of the solution, not the Pollution!</p> <p>15</p>	<p>TURN THE LIGHTS OFF: Are you constantly being told to turn off the lights? Well, you should listen! Turning off your lights is another simple way to reduce energy consumption.</p> <p>16</p>
<p>SAY GOODBYE TO PRODUCE BAGS: If you wash your vegetables or fruit when you get home, there is no reason for a bag anyway! There are also reusable produce bags available at many grocery stores and online retailers!</p> <p>17</p>	<p>ECO-FRIENDLY TRANSPORTATION: Bike, walk, rollerblade, carpool, public transit, magic broomstick, there are so many eco-friendly transportation options that can help cut down on carbon emissions.</p> <p>18</p>	<p>REUSABLE MUG: If you go out and get coffee or tea, bring a reusable mug! Some places may even give you a discount. Save the earth and save some money!</p> <p>19</p>	<p>BUY SECOND HAND: Find value from other donations. This will help limit the need for producing more fast fashion, which has a major environmental impact. One person's donation is another person's treasure.</p> <p>20</p>	<p>SIGN AN ENVIRONMENTAL PETITION: In your spare time, find a petition you are passionate about and sign it to show support, then share it with your friends and family! Legislative changes can have the largest impact of all.</p> <p>21</p>	<p>BORROW BEFORE BUY: Avoid purchasing new books or clothes for special occasions if you can borrow from someone else.</p> <p>22</p>	<p>EDUCATE A FRIEND ABOUT RECYCLING: If you learn something, teach it to someone else! Why not "recycle" your learning and help someone else see the benefits of being more environmentally conscious?</p> <p>23</p>
<p>USE ECO-FRIENDLY SUPPLIES: If you are feeling creative, there are many recipes online that can help you make the supplies you need instead of purchasing them. Challenge yourself to create one homemade item you might have otherwise purchased.</p> <p>24</p>	<p>REUSE RECYCLABLE ITEMS: Find a creative purpose for something recyclable! For example, turning a tin can into a plant holder, or using mason jars as storage, the list goes on!</p> <p>25</p>	<p>READ AN ENVIRONMENTALLY FOCUSED BLOG & SHARE ONLINE: Read about Recycling, forests, or even the oceans. There are endless options! You can also challenge yourself to follow some environmental activists on social media! This will help you learn every time you scroll through your feed.</p> <p>26</p>	<p>SWITCH TO PAPERLESS MAIL WHEN POSSIBLE: Not only is it more convenient in most cases, but it reduces the need to cut down trees in the long run.</p> <p>27</p>	<p>USE THE DISHWASHER INSTEAD OF WASHING DISHES BY HAND: Loading the dishwashers can be more efficient than washing dishes by hand because it cleans more dishes with one load of water. Plus, it's much less time-consuming. It's a win-win situation!</p> <p>28</p>	<p>BUY A PLANT: Plants produce oxygen and are known to encourage a healthy environment. Plant an entire garden if you want too! Every plant counts towards a greener lifestyle!</p> <p>29</p>	<p>APPRECIATE ALL THAT MOTHER NATURE HAS TO OFFER: Protect it and let's work together to save our earth by sharing our passion with others.</p> <p>30</p>